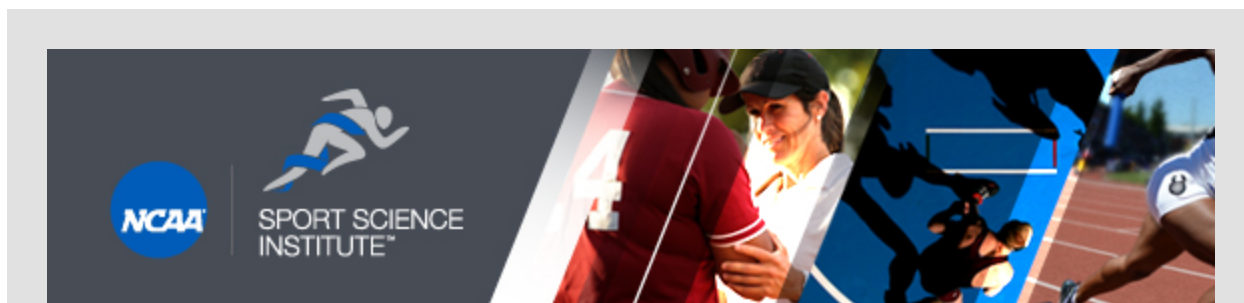




July 26, 2017

As part of the NCAA's annual drug-testing and education efforts, the NCAA Sport Science Institute announces the release of the following resources designed to support athletics administrators in their drug-testing and substance abuse prevention education for NCAA student-athletes.

- [2017-18 NCAA Drug-Testing Program Protocol](#) .
- [2017-18 NCAA Drug Policies Brochure](#).
- [Substance Abuse Prevention Tool Kit](#).
- [myPlaybook: The Freshman Experience](#).
- [360 Proof](#).

Copies of the above resources will be mailed to Divisions II and III directors of athletics, head athletic trainers and senior compliance administrators in early August. An additional 100 copies of the 2017-18 Drug Policies Brochure will be mailed to senior compliance administrators to disseminate to new student-athletes.

Below is additional information about the NCAA Drug-Testing Program as well as further details about these resources:

NCAA Drug-Testing Program

NCAA Drug-Testing Strategy

The NCAA Drug-Testing Program, along with clear policies and effective educational programs, contributes to a campus environment that supports healthy choices, fair competition and a positive environment for student-athletes. To support more effective performance-enhancing drug deterrence, the NCAA will continue to employ an enhanced drug-testing strategy for 2017-18, in which all Division I and Division II programs are subject to multiple short notice testing events throughout the year. This strategy provides a more unpredictable element to testing that is meant to increase both real and perceived risk of being tested, thereby increasing deterrence from banned drug use.

Updated Marijuana Threshold

For all member schools who are subject to championship testing and other targeted testing that includes testing for marijuana, please note: the NCAA Committee on Competitive Safeguards and Medical Aspects of Sports has reset the threshold for a positive drug test to 15 ng/mL, in light of the changing nature of THC levels in today's marijuana. This reset, informed by research, eliminates the potential for a positive drug test from passive inhalation.

Supplement Advisory

NCAA member institutions are required to educate student-athletes about banned drugs and the products that may contain them. With this, please note that each year, student-athletes test positive while using dietary supplements obtained from a "health food store" or via web-based services, a personal trainer, a friend or family member or others they trust. Some of these products have banned ingredients on the labels, and some are contaminated or spiked with unlabeled banned substances, which when consumed can result in the loss of a student-athlete's eligibility. Because dietary supplements do not have to prove purity, efficacy or safety, student-athletes take these at their own risk. **Student-athletes are advised to check out any product, including**

vitamin and mineral supplement products, with the appropriate athletics staff before consuming.

For more information about the NCAA drug-testing efforts, visit ncaa.org/drugtesting.

2017-18 NCAA Drug-Testing Program Protocol

The 2017-18 NCAA Drug-Testing Program Protocol is a resource designed for athletics administrators and drug-testing site coordinators that provides detailed information about the NCAA drug-testing process. To download the 2017-18 NCAA Drug-Testing Program Protocol, [click here](#).

2017-18 NCAA Drug Policies Brochure

The 2017-18 NCAA Drug Policies Brochure is a resource designed to educate student-athletes about NCAA banned drugs. It also includes information about accessing Drug Free Sport AXIS, a resource for questions related to banned drugs in dietary supplement products and medications. One hundred copies of this brochure were provided to the senior compliance administrator on your campus to disseminate to new student-athletes. To download the 2017-18 NCAA Drug Policies Brochure, [click here](#).

Substance Abuse Prevention Tool Kit

The Substance Abuse Prevention Tool Kit provides recommended approaches and evidence-based resources for athletics administrators to address alcohol, marijuana and prescription drug abuse. Within the tool kit, member schools will find checklists and strategies that support campus collaborations and that promote engagement with those campus colleagues who have primary responsibilities for student wellness and substance abuse prevention. To download the Substance Abuse Prevention Tool Kit, [click here](#).

myPlaybook: The Freshman Experience

MyPlaybook: The Freshman Experience is an online educational curriculum, designed specifically for freshmen to promote student-athlete well-being through healthy behavioral strategies. This free web-based resource, developed in partnership with the Institute to Promote Athlete Health and Wellness at the University of North Carolina at Greensboro, will provide a curriculum of interactive educational modules that support the student-athlete wellness efforts of member schools. To register for myPlaybook: The Freshman Experience and start planning the educational curriculum for the student-athletes on your campus, visit myplaybookthefreshmanexperience.org/register.

360 Proof

360 Proof is a high-risk alcohol use prevention platform developed jointly by the NCAA and NASPA (Student Affairs Administrators in Higher Education). All NCAA Division III and NASPA Small College and Universities Division institutions have free access to the program, which is provided as a membership benefit. To learn more about 360 Proof, [click here](#).

Thank you for your partnership in addressing substance abuse prevention on your campus. For additional information, do not hesitate to contact Mary Wilfert (mwilfert@ncaa.org) or visit the SSI website at ncaa.org/substanceabuseprevention.

This email was sent to NCAA Divisions II and III directors of athletics, head athletic trainers, senior compliance administrators, conference commissioners, drug-testing site coordinators, faculty athletics representatives, presidents and chancellors, senior woman administrators and team physicians based on contact information in the NCAA Directory. Contact information changes for NCAA members can be sent to eirick@ncaa.org.